



BOTOX & DYSPORT

Duration of results: 3 – 4 months

Recovery from treatment is: 1 – 2 days

Risks and Complications: Low

Anesthetic: Ice/numbing/none

Procedure duration: 15 minutes or less

Specialist: Dr. Zak

Back to work: The same day

Why Botox or Dysport?

Botox & Dysport are amazing ways to gain back more of a youthful appearance without having to undergo any type of surgery. Many people are choosing Botox over surgery because of the convenience, inexpensiveness, time, recovery, and ease. It's an amazing and invasive way to almost immediately appear younger.

Many people are referring to the liquid facelift. So, what exactly is the liquid facelift? It is the strategic combining of Botox and dermal fillers over the face to create a younger, plumper, and more aesthetically pleasing look that is desired by the patient. It addresses pesky and unwanted lines, wrinkles, sagging, and loss of volume. Patients enjoy this procedure not only because of the ease, price, and time, but also because of its more subtle appearance in comparison to going under the knife.

Pre-treatment instructions:

- Avoid blood-thinning medications for two weeks before treatment if possible
- Avoid alcohol for 24 hours before the treatment if you are prone to bruising or swelling
- Discontinue Retin-A/Retinol usage for 2 days before treatment
- It is recommended that you have a meal within a few hours before your procedure

Post-treatment instructions:

- Do not lay down for at least 4 hours prior to your injections
- Do not bend over and lift heavy objects
- Wait 48 hours to engage in vigorous exercise
- Avoid alcohol and excess amounts of salt for 24 hours
- It is best to avoid make up for several hours on the injection site
- Avoid massaging the area or applying intense pressure after treatment for 3 hours
- Sometimes smiling and frowning can help the Botox set in to the muscle
- Discontinue Retin-A/Retinol usage for 2 days after treatment



FAQ:

What is the cost?

R70 a unit

R2100 for frown and forehead (30 units)

How much will I need?

This is dependent upon the person, but Dr. Zak will happily address this during the consultation.

Where will it be injected?

This is dependent upon the person, what is needed, and what is desired. Usually Botox will be used in the frown line and possibly other parts of the forehead.

What kind of wrinkles does Botox address?

Botox treats wrinkles from deep lines to fine ones, it is generally more noticeable with deep wrinkles.

At what age should someone start with Botox?

This is a debatable topic, but people as young as 25 years of age have been known to receive Botox injections in order to take preventative measures to avoid deeper wrinkles from forming.

Does Botox help with the ageing process?

Yes.

Is Botox safe?

Yes.

What should I expect after Botox?

Immediately after the treatment you will likely not notice the results. It typically takes around two weeks for the results to begin to show. Some patients experience mild bruising or swelling. You may endure a minor headache after treatment but it should go away quickly.

How long does it last?

Anywhere from 2 to 4 months, dependent upon the person.

Can all skin types safely endure Botox treatments?

Yes.